

The Bright Side™

Volume 29 No 4

SERVING ACWORTH, KENNESAW, MARIETTA SINCE 1992

APRIL 2020



JUST WHAT IS COLD BREW COFFEE?

BY LUKE HUGHES, APOTHEOS ROASTERY

Cold brew coffee has been on the rise for the past few years. It's been steadily growing year after year, with many industry experts claiming that it could grow from a \$35 million industry in 2018 to an \$85 million industry by 2025. Despite the proliferation of cold brew coffee, many people still don't fully understand the differences between hot brew coffee, iced coffee, and cold brew coffee.

The differences between hot and cold brew coffee are very simple. Hot brewing coffee relies on using hot water to extract the flavor and caffeine from the coffee bean into a drinkable cup of coffee within minutes. Cold brew, on the other hand, requires that you steep the beans in room temperature or cold water between 12 to 24 hours. While cold brew coffee does take significantly longer to make than hot brew coffee, the process helps ensure that three amino acids are not stripped away from the bean and into your cup of coffee. The aforementioned amino acids are the culprits responsible for making hot brew bitter (What gives the coffee its "bite").

The cold brew process makes sure that your cup of coffee is more "bean-forward" so that all you can detect are the tasting notes of the coffee beans present in the blend, with almost no acidity. This lack of acidity also helps us sweeten and flavor our cold brew coffee with less sugar and less cream so that your beverage has a lower caloric content than a similar tasting hot brew latte or iced coffee.

Iced coffee, while served cold, is not actually cold brew. It is exactly what its name claims it is... Hot coffee that has been chilled with ice. Therefore, despite appearing like it's very similar to cold brew coffee, it actually still possesses the three amino acids responsible for making coffee bitter. Again, this is why many iced coffees come overloaded with sugar and cream, in an effort to mask the acidic nature of the beverage.

Pictured above: Apotheos' newly delivered roaster

APOTHEOS ROASTERY

Apotheos Roastery, world class coffee roastery and cold brew production center, coming to Kennesaw, Georgia in 2020! Opening in the historic church on Cherokee Street, 2871 Cherokee Street, Kennesaw, GA., as soon as this hiccup in life has passed. As have all of our plans, Apotheos Roastery's opening has been put on hold.

THE 1808

Aside from having a world class coffee roastery and cold brew production center, Apotheos Roastery will also include an amazing event space, The 1808.

The 1808 is named after the highest elevation point in Metro Atlanta, Kennesaw Mountain. Apotheos believes that their event space is second to none and can host a wide variety of events including: Birthdays, Concerts, Weddings. Corporate Events, Meeting Space and more

More information regarding the space will be available soon. For more information about this new exciting company coming to Kennesaw please visit ApotheosRoastery.com.



SUPERIOR PLUMBING KENNESAW/BIG SHANTY FESTIVAL RESCHEDULED

The City of Kennesaw, Kennesaw Business Association and JRM Management Services announced today, March 31, 2020, that the 44th Annual Superior Plumbing Kennesaw/Big Shanty Festival has been rescheduled to May 30 & 31.

While the festival has a tremendous positive impact on our community, the health and well-being of our community is our top priority.

We recognize the fluidity of this situation and are doing our best to keep everyone informed. We appreciate your patience at this time. Updates will be sent out every two weeks leading up to the event, with the next update scheduled for April 15th.



SHELTER-IN-PLACE -

COURTESY OF THE ACWORTH POLICE DEPARTMENT

There has been a statewide shelter-in-place order issued. Here are few things you need to know:

Q: When does it start and how long does it last?

A: The order took effect at 6 p.m. Friday April 3rd and continues through April 13th. (it could be extended).

Q: Can I still leave the house?

A: Yes. It allows Georgians to leave the home to buy groceries, purchase medical equipment, go outside to exercise, respond to emergencies, head to doctor's appointments, or travel for work at businesses or nonprofits that comply with other restrictions.

Q: Can I still go outside to exercise?

A: Yes. There are no limits on exercise, so long as social distancing is employed.

Q: Can I still go to church or my house of worship?

A: The order permits residents to visit places of worship, so long as social-distancing guidelines and other restrictions are followed. However attending church and funeral services are not allowed.

Q: What about restaurants?

A: Dine-in service at restaurants and social clubs is no longer permitted, except for eateries at hospitals, nursing homes and long-term care facilities. Takeout, curbside pickup and delivery are still allowed.

Q: What is closed?

A: The order mandates the closure of gyms, fitness centers, bowling allies, theaters, live performance venues, amusement parks, hair designers, beauty shops, cosmetology schools, barbershops and massage therapists. Bars and nightclubs have previously been shut down.

For the order in its entirety, please follow the link: <https://gov.georgia.gov/executive-action/executive-orders/2020-executive-orders>

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DEADLINE FOR MAY ISSUE
MONDAY APRIL 27, 2020
MAILED MAY 7, 2020

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THIS AND THAT

HAPPY BIRTHDAY



Logan Kalinowski will be celebrating her
14th Birthday on April 16th. We love you!
Happy Birthday LoLo!

HAPPY BIRTHDAY



HAPPY 16TH BIRTHDAY JAIDEN!

I am so excited to see where this next
chapter in your life takes you. Continue
to work hard on accomplishing your goals
and good luck on your driving test! Love
always, Mom

BE A BRIGHT SIDE REPORTER

It's easy to be a Bright Side Reporter
— if you have a positive, upbeat story
about your family, your neighborhood,
your civic group, school, church
activities, happening in Kennesaw or
Acworth, send it to us.

Simply write us a short note of the
facts — we will rewrite it as a story.
Email to Brightnews@aol.com (Photos
are welcome too) Call 770-851-5469
for more information on submitting
stories.

CONGRATULATIONS



Congratulations to my granddaughter,
Isabel DeAntonio, who is graduating Magna
Cum Laude from Whitfield High School. She
will enter Syracuse University this fall. The
world awaits you Isabel. Love you!



YOU HAVE TO HAVE A SENSE OF HUMOR

With the mandated closing of schools state
wide until the Fall semester, we have some
very sad youngsters on hand. High school
seniors will not have a prom, a graduation,
or a celebratory party. Middle schoolers
going from 8th to 9th grade will not have a
celebration either. That goes for 5th graders
entering Middle School.

One innovate 5th grader decided to put
a humorous spin on the situation. Pictured
above, Carson Pope, of Cartersville, posed for
his 2020 Spring Homeschool photos. Dressed
for battle and armed with the most valuable
assets, we believe the photo above tells the
whole story.

ONE WAY OF HANDLING THIS SITUATION

Harrison High School senior, Casey
Miller, tweeted the other day:
"AT LEAST IF I GRADUATE IN
MY BACKYARD I GET TO BE
VALEDICTORIAN"

BRIGHT SIDE PAGE 2

ANDREW BRAMLETT'S

WHY WE SAY WHAT WE SAY.

William
Shakespeare expected
that his readers would
know exactly what he
meant, even though
he created many new
words and phrases.
Throughout his many
works he created not
one, not 100, but over
1000 new words.
Some people claim that he created over
2000.



Shakespeare created words like **BANDIT**,
CRITIC, and **SWAGGER** which are still
commonly used today. He also created
the words **LACKLUSTER**, **LONELY**,
DWINDLE, and **DAUNTLESS**. One of
his words, **FRIENDING**, fell out of favor
until people began to use it in reference to
Facebook.

Other words of his, such as **INCARDINE**
(meaning bright crimson), **SLUG-A-BED**
(someone who sleeps in), **KICKY-WICKY**
(housewife), **DISPONGE** (rain), **BUBUKLES**
(adult acne), and **CO-MART** (covenant) have
not stood the test of time. One of his made-up
words, **ROOKY**, has an unknown meaning,
though it likely means a tree full of crows.

ASSASSINATION was once thought
to have been invented by Shakespeare but
in fact wasn't. Assassination dates back to
at least 1572, when Shakespeare was just
eight years old. Another word that he is
sometimes falsely credited with creating is
UNCOMFORTABLE which actually dates
back to at least 1534.

Shakespeare also created many new phrases
that became used in everyday language. A few
of these are "GOOD RIDDANCE", "NEW-
FANGLED", "DEVIL INCARNATE", and
"EATEN OUT OF HOUSE AND HOME".
Even though he did not create it, he is credited
with popularizing "NEITHER HERE NOR
THERE".

With all of these words and phrases,
there was of course "A METHOD TO HIS
MADNESS", which happens to be a phrase
Shakespeare coined in Hamlet.

ANDREW HAS VIDEOS ONLINE

I have enjoyed sharing my "Why
We Say What We Say" articles here in
the Bright Side Newspaper since I first
began in November 2017. Recently, I
have recorded videos of each one to share
online. They can be found on the "Videos"
tab at my website ajbramlett.com. I look
forward to sharing more stories both in
the newspaper and online in the coming
months. Currently Andrew has 13 Videos
recorded - has several more to go.

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A larger version of the Little Libraries dotted around town, Doc Eaton has built and installed along with his son, Jimmy, a "Blessings Box" designed to hold canned goods and staples. Doc's granddaughters, using their art skills, have decorated it and it is now stocked with a few items to share. It is installed in the parking lot of Eaton Chiropractic Center, downtown Kennesaw. Do you have a Blessing to Share - please email us at brightnews@aol.com.

MESSAGES FROM THE RESIDENTS OF WINSHIP FARMS



On March 21, 2020, Winship Farms Subdivision in Kennesaw, urged all of its homeowner to engage in a chalkfest that would lift the spirits of its residents by drawing pictures of encouragement on their driveway. With a walk through the subdivision, on a great Georgia spring day, the driveway signs gave a burst of optimism that this discouraging time will soon pass. All one needs is a box of chalk, an idea, and a driveway or sidewalk.

CITY OF KENNESAW

FACILITY CLOSINGS & EVENT CANCELATIONS

All City facilities including the Ben Robertson Community Center, City Hall, Public Works, Smith-Gilbert Gardens, Swift Cantrell Park and the Southern Museum of Civil War & Locomotive History will be closed to in-person, public access through April 30, 2020, based on President Trump's Guidelines for America: 30 Days to Slow the Spread. All public events, classes and programs are canceled through April 30, 2020.

At this time, other closures include: City of Kennesaw Municipal Court; City-Owned Parks, Playgrounds & Trails; Playgrounds at Adams Park & Depot Park. The entire Swift-Cantrell Park is closed including walking trails due to disregard by the public to not assemble in groups of less than 10.

The essential service functions, including Public Safety, Public Works and Code Compliance will not be interrupted. The City's mainline number, 770-424-8274, will be answered and calls will be routed as necessary.

The City of Kennesaw encourages the use of the Online Payment Portal at this time for paying citations, sanitation, property tax and business taxes/license.

The following departments will accept payment over the phone: Building & Construction - 770-429-4554; City Clerk - 770-424-8274; Finance - 770-424-8274 (the \$3 fee for over the phone payments will be waived during this time).

To contact the Police Department, please use the non-emergency line (770-422-2505). In case of emergency, please dial or text 911.

City staff continues to monitor recent reports and information on COVID-19 provided by the CDC and the DPH.

The public is encouraged to visit City's website at www.kennesaw-ga.gov/covid-19 for information and updates.

CITY OF KENNESAW SANITATION UPDATE

No garbage or recycling left outside of the containers will be recovered. All material must be inside container in order to be picked up.

Until further notice, the City has suspended all bulk pick up and issuance of all tree removal permits unless the tree poses an immediate threat to life or property.

Residential Yard Waste Collection Service will be suspended effective April 6th and we will advise when yard waste collection service will resume.

From Republic Services: The residents can help protect our employees by carefully bagging all waste and keeping all bags within the residential trash cart and residential recycling cart so our drivers do not have to touch the bags. We want to ensure our employees stay safe and healthy so they may continue to provide excellent municipal solid waste collection services to the City of Kennesaw.

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Real Estate Market Update!



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***Current data for March 2020.

For more information call Melissa
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FOR SALE ACREAGE IN ACWORTH

Malinda Howe, Anchor Realty Partners, has 4.34 acres listed at 5195 N Main St in Historic Downtown Acworth. The price is \$615,000 and the property is Zoned C1. Great place for a business to locate. Call Malinda at Cell 404-444-0225 or Ofc : 770-917-0322

DESKS FOR SALE

2 Wooden and 2 Metal desks for sale. \$50 each. Call Mary at 770-974-4832

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3000 PLUS GLASS collection, including Pressed glass, Etched glass and depression glasses. SELLING collection as a whole. Serious inquiries only. Call 770-974-4832

COMMUNITY PRAYER

BY TODD LOLLIS, FREEDOM CHURCH
I am praying the things below over your business. I thought I would pass along this prayer to you so that you might be able to use it as a tool during these difficult times. Thanks for the honor of praying for you! -----

Lord, thank you so much for my business. I know, just like everything else, even my business comes from You. Help me to follow Your ways in my work so that I can honor You and glorify You.

Things are hard at times Lord, but I know You don't promise us easy. I just pray, Lord, that when things are difficult, I can be a Godly leader. I pray I will not be overcome by fear and worry. I pray that I will stay the course and trust that the vision I have for my business is Your vision. I will try to treat others I encounter with love, respect, and integrity. But, Lord, I can't do it in my own strength, only in Yours.

I pray, Lord, that as I claim your promises from Matthew 6:26...

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

...that I can lay down the worry that Satan wants to plant in my mind and stray me from your path.

Lord, times are difficult, but I will stand strong and wait on you, Lord. Thank you for being here for me when fear threatens my resolve.

I pray, Lord, that Your will be done, because I know that You love me and Your will is what is best. I pray these things in Jesus great name, Amen

THIS N THAT ADS

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Email: Brightnews@aol.com

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It's easy to be a Bright Side Reporter — if you have a positive, upbeat story about your family, your neighborhood, your civic group, school, church activities, happening in Kennesaw or Acworth, send it to us.

Simply write us a short note of the facts — we will rewrite it as a story. Email to Brightnews@aol.com (Photos are welcome too) Call 770-851-5469 for more information on submitting stories.

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CLOSED

KENNESAW MOUNTAIN NBP CLOSES PARK

Kennesaw Mountain National Battlefield Park, in response to Guidelines issued by the Centers for Disease Control and the Georgia Department of Public Health, has closed its operations to support federal, state, and local efforts to slow the spread of the novel coronavirus (COVID-19).

As of March 24, 2020, Kennesaw Mountain National Battlefield Park will offer no services outside those that support emergency visitor or resource protection. At Kennesaw Mountain National Battlefield Park, the following services and operations will be closed: All parking lots, buildings, facilities, and trails

The health and safety of our visitors, employees, volunteers, and partners at Kennesaw Mountain National Battlefield Park is our number one priority. The National Park Service (NPS) is working with federal, state, and local authorities to closely monitor COVID-19. We will notify the public when we resume full operations and provide updates on our website www.nps.gov/kemo and social media channels.

ESTATE PLANNING IN TIMES OF CRISIS

BY ERIKA ORCUTT, ORCUTT LAW

The situation we find ourselves in is unprecedented and challenging in many ways. For many, times of uncertainty and crisis make us realize that we have not adequately planned for a health or financial emergency, or death. And while that realization may cause us additional worry or anxiety, the good news is that it is not too late to make a plan and get the legal documents you need to protect yourself and your family.

Our health is currently at the forefront of our thoughts. The main legal documents for handling health-related concerns are the Advance Directive for Healthcare and HIPAA Authorization. An Advance Directive for Healthcare allows you to appoint an agent as your healthcare power of attorney and directs your agent to make healthcare decisions and communicate those decisions to your healthcare providers. It also allows you to express your end of life choices if you are terminally ill or in a permanent state of unconsciousness and you are likely to die in a short period of time. A HIPAA Authorization allows your loved ones to get access to your medical records from your healthcare providers.

For financial, business, and day-to-day matters, a General Durable Power of Attorney is the document needed to appoint an agent to act on your behalf to manage your affairs while you are alive but unable to handle them yourself. Durable means that it is effective even if you are incapacitated. The document can be written to be effective immediately or when you are determined by your doctor to be incapable of handling your own affairs.

The Last Will and Testament ("will") is the document where you appoint an executor to manage your affairs (also known as your estate) after your death. It also allows you to appoint a guardian for minor children. You can specify who gets your real and personal property upon your death, and you can disinherit people who would otherwise be entitled to your property under state law.

There are other documents that can be used to transfer assets upon death, such as a trust, but the documents listed here are the basic documents that one should have in place. If you do not have these essential documents, please contact an estate planning attorney because do-it-yourself documents may not be current or legally enforceable.

To contact Erika, call 678-383-7857. See her ad at the top of this page.

ENROLL FOR FALL

Success Gateway Academy in West Cobb
Enrolling Now for 2020-2021 School Year

Success Gateway Academy (SGA) is currently accepting middle and high school student applications for the 2020-2021 school year. SGA is a Hybrid Homeschool Program for students in middle and high school who learn differently. They provide an educational opportunity, including a high school diploma, for students who have a frustrating time mainstreaming into the upper grades because of sensory, social, academic, or attention challenges.

SGA offers certified teachers, an accredited curriculum, a flexible learning environment, and shorter school days, with breaks between classes, to provide a full educational experience for each child. Most importantly, SGA partners with parents to get to know each child, as an individual, before developing a customized individual education plan for each child.

Success Gateway Academy accepted their first students on August 1, 2019 and is excited about the growth and flourishing of their program. They meet weekdays from 8:15-1:30 pm in the Youth Center at Due West United Methodist Church. They are a non-profit 501(c)(3) organization.

NORTH COBB ANIMAL HOSPITAL NOTICE

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SURVIVAL TACTICS

BY PATTY WALLENBURG

This month I want to talk about our words during this uncertain time. Some of the words during this time include: pandemic, lock down, isolate, quarantine. None of these words bring up any feelings of safety or sanity. They certainly don't make me feel calm or grounded which is exactly where we need to be right now. Change the perspective on this by using better words: self care, self joy, inner development, exploration, quiet time, recharge, reboot, renew, making room for the new, etc.

Many of us have been on our journeys of self-development for a long time. We have the knowledge and tools to keep us from getting caught up in the fear that is everywhere. Uncertainty brings out the best and worst in us. Try to come from your heart space and remember that others are scared and reacting from a place of fear. Be kind and be patient.

Get outside and disconnect from the news and social media. Do your best to remember to breathe when you feel stressed or out of control with fear. Just a few conscious breaths—in and out—will bring you back into your body and help you feel in control again.

Change the dialog that you have with yourself. Tell yourself daily that you are healthy, strong, powerful, and resilient. Use a mantra when you do your meditation or breathing exercise: I am _____. Fill in that blank with the word that you need at this moment. I know we all know how to do this but sometimes we need to be reminded. It is so important for our health to keep fear and stress in check and remember the power that each of us holds.

Concentrate on how you wish to change your life when this is over. The world will not be the same as it was before. What do you want to release and not own again? How are you going to be different? What have you learned about yourself that you want to keep in your life moving forward? Write it down. Stick it on your mirror. Remember this time. It will not be the last time something like this happens. Learn from it to be better prepared for the next time. And remember to keep working on your better self.

Many thanks for being part of the journey with me.

Patty Wallenburg, OAK Sanctuary,
404.903.4104

GIFT CARD DONATION FOR GEORGIA MILITARY FAMILIES

Melissa Krudwig, Bear of Real Estate is collecting gift cards for local National Guard Military Families. Georgia service members and their families who are struggling in this current environment (unable to work/telework or take paid leave).

See the request below from the Georgia National Guard Foundation, which applies to our local Georgia National Guard families affected by COVID-19. They need our support.

Some National Guard service members have lost their civilian jobs due to COVID-19. The National Guard does not get paid like the Active component of our military. Just as importantly if the National Guard is activated, some service members may make less pay than their civilian jobs provided while serving our state / nation. These Georgia service members have to leave their civilian jobs, when they are activated.

If you are in a position to give, I would be grateful if you did so. Please help spread the word. Gift Cards needed: Kroger, Publix, Walmart or Target (You can safely purchase these through online stores and have them delivered.)

Please contact Melissa if you would like to coordinate a pick up at 770-310-3269 or please see other options listed below.

On behalf of the Georgia National Guard Foundation, a self-funded non-profit 501 (c) (3) charitable organization, we are anticipating requests for food and necessities from impacted military members of the Georgia National Guard who are unable to work/telework or take paid leave. If you are able to donate gift cards for Walmart, Kroger or Publix, please consider helping us to meet those requests apart from applications for financial relief assistance for basic needs.

Please send cards to: GA National Guard Foundation, 1000 Halsey Ave., Bldg 447, Marietta, GA 30060, Attn: Harriet Morgan

If a monetary donation is more convenient, please visit the website and enter Gift Cards under the type of donation: www.georgiaguardsfamily.org

Thank you very much for your consideration!



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7:00 a.m.

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The image is a dark blue rectangular graphic with a thin, dotted gold border. At the top left is a large, white, stylized letter 'A' that incorporates a coffee drop shape. To its right, the words 'APOTHEOS' and 'ROASTERY' are stacked in a white, bold, sans-serif font, with a small 'TM' trademark symbol at the end of 'ROASTERY'. Below this, the text 'WE WOULD LIKE TO THANK EVERYONE WORKING TO GET OUR COMMUNITY AND OUR NATION THROUGH THESE UNPRECEDENTED TIMES.' is centered in a white, bold, sans-serif font. Underneath that, the text 'FOLLOW US TO SEE HOW YOU CAN GET INVOLVED IN HELPING SUPPORT OUR LOCAL COMMUNITY.' is also centered in the same font. In the center of the graphic is a gold-colored logo consisting of a stylized 'A' inside a circle with radiating lines, resembling a sun or a coffee bean. At the bottom, there are three circular icons: a blue Facebook 'f' logo, a purple and pink Instagram logo, and a white Twitter bird logo. To the right of the Facebook logo is the text '@APOTHEOSROASTERY' in a white, sans-serif font.

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At the time of writing this, all our worlds have dramatically changed. Uncertainty has entered, sparking worry and fear. By the time you read this letter, we will be in April. My prayer is that we are on the other side of this COVID-19 outbreak and life is starting the transition back to normal. We as the city have significantly modified our operations to do our part in mitigating the spread of this virus.

We can only imagine countless hours our doctors, nurses, facility staff, pharmacists, researchers, and others are putting in to serve those impacted by the virus on top of those who have other medical needs. They work to exhaustion so that people in our community can get their quality of life back. We owe it to them to practice CDC recommendations, wash hands, practice social distancing, and stay home when you don't feel well.

Our public safety personnel who are responsible for continuing to keep us safe, need our support as they continue to serve on the front lines of our city. I admire these men and women and their bravery.

Our local businesses need us right now. Please consider take out options at restaurants, ordering products online for delivery from retail establishments, being gracious with your tipping for services, and purchasing gift cards that you can use later to help with cash flow for the establishment.

Please keep public and private school students, faculty, and staff in your prayers. Teachers have been adapting by providing online services, staff are constantly cleaning buildings, and faculty are still working hard to make sure that those children in need still receive a lunch.

Non-profits and churches are filling critical needs in the community and need our support. Please make sure if you are a member of a local congregation or non-profit, be active and supportive. Let's come together as a community and support our neighbors in this great time of need.

I cannot express enough of my gratitude to our incredible city team. They have been working extremely hard to continue to provide the same quality services to our residents and businesses through modified delivery systems.

We ask each of you to follow the most current guidelines issued by the Centers for Disease Control and other authorities on the issue. We have provided links to the CDC along with up to date information regarding any modifications to city services at www.acworth.org.

God Bless, Tommy

**CITY OF ACWORTH UPDATED INFORMATION**

This document has been prepared for our citizens in an effort to provide quality communication and represents any modifications to city services that have been made in response to COVID-19. This document does not cover Public Safety. In the event of an emergency, dial 911.

General Note: Please try to call the department you are trying to reach before attempting to come in person. At all customer service locations the doors will be locked with a sign on the door requesting you to call first to see if the help you need can be provided over the phone to minimize potential exposure for you and our team.

Utility Billing. In an effort to mitigate the potential for exposure to our employees and the public it is preferred that if possible, please pay your Acworth Power and Sanitation bill online, by phone at 1-877-477-8292, or utilize the drop box location in the lower parking lot of City Hall located at 4415 Senator Russell Avenue, Acworth, 30101. Our customer service team will be available Monday through Friday from 8:00 a.m. to 5:00 p.m. by phone at 770-917-8903.

Public Meetings. Unless otherwise posted here, all public meetings are on as scheduled. The Acworth Planning and Zoning Commission meeting originally scheduled for Tuesday, March 24 has been cancelled and the intent at this time is to reschedule in the month of April and a specific date and time to be set later. The Acworth Tourism Bureau Authority, the Acworth Tree Commission, and the Acworth Lake Authority meetings for April have been cancelled. For a full list of upcoming public meetings, click <http://acworthcityga.igm2.com/Citizens/Default.aspx>.

Community Development Offices. Will be available by phone from 8:00 a.m. to 12:00 p.m. and 1:00 p.m. to 5:00 p.m. each day. We request that you call before attempting to come to City Hall. If an in person transaction is required, arrangements will need to be made in advance to get you inside City Hall as it is closed to customers at this time. Forms can be downloaded https://www.acworth.org/departments/community_development/index.php in advance.

Sanitation Services. Regular sanitation services are currently on as scheduled. Bulky item pickups are suspended until further notice, these items that cannot fit in your garbage bins such as mattress, appliances, and etc. We would also ask that everyone try their best to minimize yard and debris pickup during this time, but if you have yard waste and debris to dispose of, please place it out on your regular garbage bin pickup day.

Municipal Court. The Thursday, March 19 court date has been moved to Thursday, May 7; the Thursday, March 26 court date has been moved to Thursday, May 21; and Thursday, April 2 court date has been moved to Thursday, May 14. Non-jury trials on May 14 are postponed until August 13. Unless notified otherwise all other court dates not listed, are proceeding as originally scheduled. In an effort to mitigate potential exposure for our employees and the public, if possible, please pay court fines online or by calling 1-877-477-8292. Staff will be present from 8:00 a.m. to 4:00 p.m., Monday through Friday. We highly encourage you to call before coming as the lobby is closed and will only be opened if the transaction cannot be completed over the phone or online. See statement from Judge Mayes.

Citizens Police Academy. All CPA activities are currently postponed until further notice.

Records Division of Police Department. The front lobby will be closed to the public, but staff will be working remotely to answer calls and respond to open records requests. Requests for reports can be made online at www.acworthpolice.org. To speak with Records Division personnel, please dial at 770-974-1232. To reach the police department non-emergency line, please dial 770-974-3111. As always, if you have an emergency, please dial 911.

Depot History Center. Is closed until further notice.

Parks, Recreation, and Community Resource Activities, Events, Programs, and Classes. Click here for the most up to date information. All city parks, trails and facilities Closed. This includes all parking lots, restrooms, playgrounds, pavilions, any other recreational apparatuses, amenities, and open spaces.

Voting. All elections for 2020 will be conducted through Cobb Elections. For the most up to date information click <https://www.cobbcounty.org/elections>.

Phone Directory. In order to mitigate potential exposure to our employees. Please try contacting our city team by phone first. You can access the phone directory by clicking https://www.acworth.org/phone_directory/index.php. In the event of an emergency, dial 911.

Power Outages. Acworth Power customers can report power service disruptions to 770-917-8903 between 8:00 a.m. and 5:00 p.m. Monday through Friday, or 678-801-4040 outside of these hours, or anytime to poweroutage@acworth.org. This can be done 24 hours a day. Customers may be served by Cobb EMC or Georgia Power and can report outages there.

Property Tax Payments. Call 1-877-477-8292 to pay tax bills by phone or click here to make payment online.

ACWORTH BUSINESS ASSOCIATION

SHANNON STAHL PRESIDENT



I write this while quarantined in my home like the rest of the world. What will this mean for businesses in a few days, a few weeks, or a few months? I am hopeful that our lives will go back to normal very soon. It is a scary time for so many in the business community, I know that I am worried. Through this we are finding out how much we all rely on each other. How well your business does gives you the profits to spend on the next business and so on. Unfortunately, the opposite is true as well, that is something we are all learning through this struggle. As everyone is stating, we are all in this together. There is no better time than now to pay it forward!

The Acworth Business Association is here for businesses and the community, when there are ups and down. We are here to help the community in any way needed. How is this situation effecting your business? I am sure there are others in the same situation as you, reach out and ask for advice. Usually we have our Morning Jolts where businesses get together and introduce themselves to each other and let them know what their businesses specializes in, now is no different! One of our members could have a solution or some advice to give you. This is a great time to surround yourself with others (virtually, of course).

This national situation has affected everyone in one way or another, and some more than others. Let the ABA be a catalyst for information, we will have virtual content to keep you in the know and our website and social media have an abundance of information. Go to acworthbusiness.org to access our member directory, connect and stay informed with virtual dates and times. The ABA is here to support all of our businesses & community through this unusual time.

KENNESAW BUSINESS ASSOCIATION

SHELLEY ELDER, PRESIDENT

CARES ACT UPDATE Impact on Businesses

HR 748 was signed into law on Friday. It is called the CARES ACT (Coronavirus Aid Relief and Economic Security Act) This bill is challenging to navigate and thankfully many venues are putting out information about the available loans for businesses. I want to give you some basics without political bias or spin. Lots of smarter people than me will be parsing through this bill and putting out information. Click on the US Chamber of Commerce's Summary below. This will give you some basics and hope. The SBA has dealt with emergency situations in the past and is set up for administering the loans described in the summary below. It is the best description of HR748 that I have seen and much easier than the 3 1/2 hours I spent reading the actual legislation.



The new CARES Act includes broad provisions to help small businesses and non-profits. In researching the bill over the weekend, I found the U.S. Chamber of Commerce's summary to be one of the best and most easily understood. <https://www.uschamber.com/co/start/strategy/cares-act-small-business-guide>. <https://uscham.com/2X1h4uu>

We will get through this. Together we have a wide range of tremendous skills and creativity. We will discover we are stronger and more resilient than we ever imagined.

Shelley Elder, 2020 KBA President

ATTENTION READERS

KBA President Shelley Elder announces that the Kennesaw Business Association will host a virtual luncheon for their April 14 monthly luncheon. The meeting will be available at www.kennesawbusiness.org and at www.facebook.com/KENNESAWBUSINESS. Everyone is invited.

GREG CARTER LOVES FOOD!

REMEMBERING JULIA CHILD AND THE WAY TO COOK



One could make an argument that Julia Child was the world's first celebrity chef. Born in California in 1912, Julia Child brought a strong presence to television. She stood 6'2" and spoke with an authoritative voice. She hosted very successful cooking shows and was also a frequent guest on the talk shows of the day. Probably most well-known for her show The French Chef, Julia's personality was so distinctive that she was famously spoofed by Dan Ackroyd on Saturday Night Live and John Candy on SCTV.

Julia Child taught a lot of people to cook, and through the power of her cookbooks and videos continues to do so. The French Chef Cookbook is her most famous and widest-reaching publication and is considered a classic. My personal favorite of hers is a cookbook that came later, From Julia Child's Kitchen, because I like to look at the pictures!

Julia was so great on television! She made her viewers feel like they could cook anything that she could. And she did not edit out her mistakes! If she made a huge mess, the viewer got to see her do it. In her videos, she comes across as humble and approachable.

I recently stumbled into The Way to Cook video series and it's my new favorite! It's available on YouTube and on DVD, and presents Julia cooking from her own home. Covering a lot of American classics this time, Miss Child demonstrates how to prepare a well-selected range of foods from starters to desserts. I didn't even know creamed onions was a thing, but I cannot wait to prepare and try it! Her meat cooking techniques are incredible. This video series was produced in the 80's, so she did not have available all the gadgets and equipment that we now commonly use, but she did have great technique, knowledge, and recipes! Hey, you're stuck at home anyway – spend some time with The Way to Cook!

Enjoy every meal! Greg

Like us on the Greg Carter Loves Food page on Facebook, where you'll find pictures of food, discussions about food, and a recipe or two. Questions? GregCarterLovesFood@comcast.net

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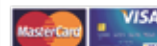
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20 APR NC

BRIGHT SIDE PAGE 8



THE NORTHWEST YMCA NEEDS YOUR HELP IN FEEDING OUR LOCAL KIDS!

Last Saturday the Northwest Family YMCA in West Cobb in partnership with Freedom Church – assembled and delivered a weeks worth of lunch supplies directly to children in Cobb County who struggle with food insecurity while school is not in session. This was done with the help of our volunteers and the generous donations from local business and Y members.

The families we serve were overwhelmed and grateful for the much needed supplies. These are the families we serve year round. It was good to see the children and assure them that the Y is here for them during time of crisis.

Our lunch kits consist of a loaf of bread, a jar of peanut butter, jelly, granola bars, fruit cups and a few sweet treats. We are looking to expand these kits to include breakfast items and afternoon snacks.

Food donations needed:

• Bread (BY THE LOAF); • Jar of peanut butter; • Jar of Jelly

• Single serve packages of pretzels, goldfish; • Fruit cups, applesauce • Granola bars/ fruit bars

We are delivering the supplies weekly in order to minimize exposure and adhere to current social distancing guidelines.

The Northwest Family YMCA and Freedom Church have delivered meals to more than 500 children and we hope to do much more in the coming weeks, but this requires donations to support this important hunger relief program.

Donations may be dropped off at Freedom Church (Cobb Parkway across from the big Walmart) Monday – Thursday 8:00 am – 5:00 pm. For more information contact Becky Cross at beckyc@ymcaatlanta.org.

ART ALLIANCE NEWS

In order to follow the CDC guidelines, and the current “Shelter in Place” order, the



Art House will be closed for regular business, classes and workshops through April 30. At that point, we will reassess the situation with the Corona Virus and update you accordingly. Should you have questions during this time, the Art House phone and email are being monitored. If you were in the midst of a 6 week class session, please rest assured that the classes will resume when it is safe. If you are scheduled for a class or a class session beginning in April, we will reschedule the class once this situation has passed. Thank you for your understanding and patience while we all

maneuver through these uncertain times.

We are working on adjusting our exhibit schedule, and will update you soon! Our April Reception (4/4) is cancelled, and our Pops at Logan Farm Park Concert (4/18) is being rescheduled to a later date. We miss you all, and can't wait to see you when this has passed...

Artists- The submission deadline for our June/July Exhibit (Celebrate Acworth) is May 15! We hope you will take some of this “Shelter in Place” time to create some wonderful pieces for this exhibit! We wish you a blessed, healthy and Happy Easter!

THE 2020 CENSUS IS LIVE!

Many households have already received their invitations to respond. Please make sure that you respond and count everyone living in your household as of April 1, 2020. This includes anyone – related or unrelated to you – who lives and sleeps at your home most of the time.

Please be sure to count roommates, young children, newborns and anyone renting a space in your home. If someone is staying in your home on April 1 and has no usual home elsewhere, you should count them in your response to the 2020 Census. The current healthcare crisis is alerting us how important it is to know our population, allocate resources, fund schools, emergency services and more.

If you have received your questionnaire with an ID, go to <https://my2020census.gov/> to begin your reply. If you have not received your invitation, click the “If You Do Not Have a Census ID, click HERE.” and follow the instructions.

Residents can also respond via telephone or a paper form. Please be counted in Cobb!

BEST OF COBB

FROM COBB LIFE MAGAZINE AND THE MARIETTA DAILY JOURNAL:

As we navigate these uncertain times, paramount to all considerations is the safety of our citizenry. We were ready to celebrate the “Best of Cobb” winners later this month, but in the current climate, there is little doubt that a gathering of this size creates the type of risk the CDC and our government are trying to eliminate. So while we are ready to recognize the “Best of Cobb” winners, we'll have to do so later this year. We have decided to move the Best of Cobb Celebration to Thursday, September 3, 2020, 5:30 p.m. to 8 p.m. at Jim Miller Park. All tickets will be refunded and new tickets will need to be purchased for the rescheduled event on September 3rd, 2020.

In the meantime, check out the next issue of Cobb Life that announces all the “Best of Cobb” winners to our readers. The 148-page magazine will be inserted in the MDJ on Sunday, March 29, and posted online at thebestofcobb.com. Last year's “Best of” celebration was a great success and we know the Cobb business community was looking forward to the event. We'll have a blast but not until September.

Any questions or concerns should be directed to Travis Knight, VP of Advertising and Marketing, 770-795-3018 or tknight@mdjonline.com.

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COBB'S VIRTUAL BAND

Amid the COVID-19 outbreak and social distancing, we are seeing more and more people coming together to create a sense of community and connection throughout Atlanta.

And Cobb County did just that. The School District took on the huge undertaking of creating the first ever "Cobb County Virtual Band." It was quite an impressive and uplifting performance to say the least.

The virtual ensemble showcased over 500 talented musicians from all 17 high schools in the community. Atlanta Composer Tyler Grant allowed the kids to perform his wonderful work for concert band, "Shimmering Joy".

See it on YouTube at <https://www.youtube.com/watch?v=MocrV03sl8I>,

TECHNOLOGY IS REALLY MAGIC

BY CAROL THOMPSON, BRIGHT SIDE EDITOR

I had the opportunity to finish my education in electrical engineering technology, just when our digital age, as we know it was being born. I thought then that the whole concept was magic and to this day, even more so. We are physically separated from our families, friends, co-workers, church community, sports teams and much more, but through the magic of technology we can communicate via Facetime, Facebook Live, Twitter, Facebook, Zoom and more.

Doctors and nurses are able to telemedicine, businesses are able to conduct meetings, teachers are hosting virtual classes, families are touching base. While life is not ongoing as we know it - it is still going on.

Taking advantage of this technology we can visit a local attraction everyday. Have you visited the Georgia Aquarium, the Atlanta Botanical Garden, Fernbank Museum, The Panda Cam at the Atlanta Zoo

While the Georgia Aquarium is closed to the public, their live webcams will entertain and delight the whole family. Visit: <https://www.georgiaaquarium.org/webcam>.

Museum At Home. Fernbank Museum of Natural History may be closed, but that won't stop our mission to ignite a passion for science, nature and human culture through exploration and discovery. Check out the several videos online at <https://www.fernbankmuseum.org/museumathome>.

The Atlanta Botanical Garden Life Blooms On. When you can't go to the Garden, the Garden comes to you. Stay tuned to the Garden's Facebook (<https://www.facebook.com/atlantabotanicalgarden>), Instagram (@atlantabg) and Twitter (@AtlantaBG) to flower your feed with spring color.

And don't forget the Panda Cam at the Atlanta Zoo. <https://zooatlanta.org/panda-cam/>.

Many other attractions have video cams and interactive programs in the Atlanta area. Start searching. Feel free to share with us at brightnews@aol.com.

TINA STOFFEL - LOCAL ARTIST

A talented and interesting artist to follow online is Tina Stoffel. Tina is a local artist who sells her art at Simmertime Cafe and Art Gallery. In addition she provides interactive art projects on her Facebook page at <https://www.facebook.com/TinaAdamsStoffel> and her business page www.facebook.com/TinasFineArts. Take a few minutes to stroll through these two pages.

INCOME TAX DEADLINES EXTENDED

The IRS moved the national income tax filing day ahead to July 15, three months after the normal deadline for Americans to send in their returns. The State of Georgia has also moved the tax filing day ahead to July 15, 2020.

IT'S NOT EASY, BUT LOOK PAST THE MARKET SELLOFF

These are challenging times. You want to protect your family and community from the coronavirus. And as an investor, you're wondering how to respond to the large declines in investment prices.

First of all, don't panic. The current market selloff seems to be driven more by fear and panic than by any economic or financial reality.

In fact, the overall financial and investment environment contains some favorable conditions, such as low unemployment, a stronger housing market and low interest rates - now even lower after recent cuts by the Federal Reserve. Once the health crisis has been resolved, these factors could lead to a quick rebound in investment prices.

In the meantime, review your investment strategy to make sure it's aligned with your risk tolerance. And remember, you're investing for goals that may be decades away, so there's time for the markets to recover. Finally, if your portfolio is out of balance or in need of certain assets, look for buying opportunities.

With patience, discipline and a long-term perspective, you can make it through this period - and end up well-positioned for a positive future.

This is Jim Nance, your Edward Jones financial advisor at 4358 B Southside Drive, Acworth, GA, 770-529-9009. Member SIPC

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Enrolling Now for the 2019-2020 School Year



Success Gateway Academy (SGA) is excited to be accepting applications for the 2019-2020 school year. As a Hybrid Homeschool Program, SGA serves children in middle and high school with sensory, social, academic, or attention challenges as well as those transitioning from a homeschool environment.

Join us for a virtual informational session on Thursday, April 16 at 7pm. Contact us at contact@successgatewayacademy.org to join our session or with any questions. For more information, visit www.SGAcademy.org.

MEET OUR STAFF



Back (r-l): Dr. Lindsey Navarra, Karen Costello, Hudson Cutshall, Dr. David Murphy, Jennifer Meek, Dr. Jenna King, Nikki Iannuzzelli, Jessie Kasing, Kari Counselman
Front (r-l): Lily Rohrer, Amanda Caldwell, Brenda Greenberg, Davanna Weaver
Not Pictured: Lanie Smith, Maddie Smith, Erin Hanson

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PRESIDENTIAL PREFERENCE PRIMARY IS RESCHEDULED FOR MAY 19.



At the direction of the Georgia Secretary of State's Office, the March 24 Presidential Preference Primary has been rescheduled for May 19.

•Voter registration for the Presidential Primary is reopened. Because the Presidential Primary was postponed and will be conducted with the May 19, General Primary/Non-Partisan Election, the voter registration deadline will now coincide. New and changed voter registration applications can be submitted through April 20, at www.mvp.sos.ga.gov.

•Cobb Elections is mailing an absentee ballot application for the May 19, Primary/Election to every registered voter older than 60 years of age. Voters in that vulnerable population will receive a printed application to fill-in, sign and send back to our office. Ballots will

also be ready to mail by April 4 for those who have returned an application. Younger voters who want to vote-by-mail are welcome to go to CobbElections.org and print their absentee ballot applications. All voted ballots must be returned to the Elections Office by May 19 to be counted.

•Early in-person voting is scheduled to begin on April 27. Votes already cast during the suspended advance voting period and any absentee ballots mailed back or hand-delivered by March 24 will be counted at the time of the May 19 general primary. For more information, call 770-528-2581.

COBB OPENS SPECIAL HOTLINE FOR INFORMATION ON COUNTY SERVICES

Cobb has activated its Emergency Operations Center and has a special phone number to answer questions about county operations.

- For emergencies, call 911.
- For medical questions and information about COVID-19, call 844-442-2681.
- For questions about county services and operations during this time, call 770-590-5790.

STUDENTS CAN PICK UP WEEKLY MEALS ON MONDAYS

Cobb County School District and MUST Ministries have developed a long-term solution to provide students with a five-day supply of breakfasts and lunches at eight school locations on Mondays from 11 a.m. to 1 p.m.

The school locations selected for the meal distributions include schools with more than 50 percent free and reduced lunch populations. Cobb Schools Food Service staff prepares food, purchased by the school district and MUST volunteers distribute that food to students curbside. The meals can only be served to Cobb County students under 18 years of age and students must be physically present.

These weekly breakfast and lunch distributions can be sustained through the rest of the 2019-2020 school year or until Cobb schools reopens.

For the Acworth Kennesaw area the breakfast and lunch school distribution location (11 a.m. -1 p.m., on Mondays) is Acworth Elementary

YOU CAN HELP FROM HOME!

No doubt many of you have been inundated with COVID-19 news and are wondering how to help frontline workers while practicing social distancing. And there is!

Sewing Masks for Area Hospitals-Atlanta (SMAH-Atlanta) is a volunteer effort coordinating thousands of Atlanta-area sewists who are responding to the COVID-19 pandemic with a special set of skills. Sewing groups sew hospital-approved face masks for medical personnel and first responders to help meet the growing demand, and possibly to help mitigate potential shortages.

To date, SMAH-Atlanta has been following CDC and hospital guidelines in order to provide the masks first responders and healthcare workers most need. Generally, the cloth masks sewn by SMAH-Atlanta members go over surgical masks and N95 masks to more safely prolong usage.

SMAH-Atlanta began on March 19, 2020 when Gina Livingston, founder of Medium Arts, received a call from a doctor friend who was looking for a potential backup source for face masks if his hospital experienced a shortage. Livingston took the idea to her sewing colleagues, a Facebook group was created, and the requests started coming in by the droves. Now a little more than a week later, thousands of masks have already been sewn, and SMAH was just asked to sew over 7000 more. In addition, we are working with similar groups in other cities around the U.S. to help them successfully do what we have done.

Please go to our website, <https://smahatlanta.org>, to donate your sewing skills, time, fabric and supplies, or much-needed funding (for supplies). All SMAH staff members are volunteers, and we have applied for 501(c)(3) status.

HOW TO FILE UNEMPLOYMENT CLAIM ONLINE

The U.S. Department of Labor has also announced nearly \$100 Million in Dislocated Worker Grants in response to the COVID-19 outbreak. The funds will be available to provide funding assistance in response to large, unexpected economic events that cause significant job losses. These grants will provide eligible participants with both disaster-relief employment and employment and training activities. Participants can include dislocated workers, workers who were laid-off as a result of the disaster, self-employed individuals who are unemployed or underemployed as a result of the disaster, and long-term unemployed individuals. Eligible entities can also apply for Employment Recovery DWGs in response to layoffs caused by cancellations or shutdowns caused by coronavirus. For more information, visit www.dol.gov/newsroom/releases/

eta/eta20200318.

The Georgia Department of Labor is temporarily suspending all in-person requirements for services provided by the agency. Individuals and employers are strongly encouraged to conduct GDOL-related business online. Visit dol.georgia.gov/online-services for a complete list of available services.



THEY WILL SKATE AGAIN POSTPONED!



Out of an abundance of caution and concern, we are postponing They Will Skate Again (originally scheduled for Saturday, April 25, 2020), until September 2020 (exact date to be determined). The health and wellbeing of our entire LRO community is of the utmost importance to us. And because many members of our “family” live with disabilities that already tax their

immunity, we are committed to not creating circumstances that contribute to greater stress on the immune system.

If you registered, your information will be transferred over to the new date, when it is determined.

Stay safe and love life. Because life loves you.
JESSE BILLAUER, Founder and Executive Director/CEO, Life Rolls On, 2X World Adaptive Surfing Champion, Inspirational Speaker. (Editor’s note: This man is amazing) Life Rolls On is epic surf and skate events for people living with various disabilities. sFounded and led by Jesse Billauer. Visit liferollson.org for more information.

WE ARE HUMAN

BY DR CRIS EATON WELSH

A couple of days ago I was listening to a podcast and I wanted to share with you what really spoke to me and then what we are actually doing.

Brooke Castillo shared “I know a lot of you are feeling unsure about the future of our businesses, finances, health, etc.

I want to take this opportunity to remind you that humans are awesome. We were made for obstacles, challenges, and even pandemics.

Instead of withdrawing from your business because of fear, I want you to think about how you can add more value right now. Because people are looking for value, especially at a time like this. How can your business be of more service?”

We are in an unprecedented time. A time where world economies are shifting, society is shutting down and people are losing hope and living in fear. Everything seems out of control ... but really it’s how we think about the situation and how we evaluate how we feel about the situation that cause the fear to escalate. What we decide to do about our next feelings will be what makes or breaks us.

Do I think it’s going to be different, absolutely. My contention is it will be even better and stronger together on the other side of this. Each and everyone of us has the opportunity during what I’m calling “God’s little time out” to search our hearts and minds and souls. When we get truly clear on who we are and why we do what we do then we are able to take effective action. The taking of action leads us out of fear and into purpose.

In our office we are spending this time preparing for what is next. We can already see procedures that will change in the office, we are looking at additional ways to add value for our practice members and our community by our actions and our model. We are reaching out to those in need with compassion and love. We are working on ourselves instead of judging what others are doing around us. We absolutely believe with all of our heart that it is light that will drive us out of this darkness and we will continue to do everything we can to be the light for others to swim towards.

Use this time wisely our lives were never meant to be easy they were meant to be human. Be Well. Find a focus on what is good and right and pure and brings you joy.

Dr Cris Eaton Welsh - 770-355-2588

CREATING A HOME

OFFICE

BY JAN BRITT

Our lives sure have changed since the Coronavirus. Another change we are experiencing is some of us are having to work from home now. You never needed a home office before and now you do. We as a community are creative and adaptable. We can take many household items and recreate them to help you make a home office. I have a few inexpensive and quick tips to help you create your office at home so you can work more efficiently. Select a room in your house that is not used very often, such as a guest bedroom or living room. Make sure the Wi-Fi and your phone will work in your selected room. Temporarily remove or at least move the extra furniture around you out of your way so you can set up a desk and enter the room safely. If you do not have a desk use a folding table that you use when you have guests over. You will need a comfortable chair to sit in while you work or your back, arms, and shoulders will hurt and will get tired easily.

Office items that you need: Computer, Printer/scanner or scanner app, High-speed internet

Lighting-natural light from a window and light from a lamp.

Storage solutions-bookcase, file cabinet, shelf on the wall, or small table. an ironing board or dining room chairs.

Office supplies like ink, paper, pens, sticky notes, paper clips, etc.

Electrical strip, Surge protector

If you have children at home provide containers of healthy snacks ready for morning and afternoon snacks.

Use a little creativity to set up a functional home office that will serve you well.

I hope these ideas will help you as you transition into working at home.

If you have any questions, I will be happy to answer them. Please email Jan Britt at decoratewithjan@gmail.com.

Jan Britt is an interior designer, and an instructor Kennesaw State University, CPE

**WORKING AT HOME?
KIDS AT HOME?
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20 APR NC

BRIGHT SIDE PAGE 12



MISSED BY .01 OZ FOR FIRST PRIZE

What do some college students do with their down time from school. These two buddies, Garrett Pope and Jacob Harper fish -- in tournaments. At a recent tournament on Lake Allatoona Jacob's largest fish weighed 2.48 lbs - .01 less than the winner who came in at 2.49 lbs. The tournaments are hosted by NOEoutdoors, every Monday night through June 22 on Lake Allatoona at Gatewood Park Boat Ramp 5-9 pm. Check this out at www.facebook.com/NOEoutdoors. (no tournament April 13).

SWIFT CANTRELL CLASSIC POSTPONED

We hope you are staying healthy and active!

The Kennesaw Grand Prix is anxious to get the 2020 series started. As you are aware, COVID-19 is making that challenging!

We have postponed the Swift Cantrell Race (traditionally kicking off the series in May) and we will announce its new date soon. If you have already registered for the Swift Cantrell Race - have no fear! Your registration will still be good for the new date. We will communicate the new date as soon as it's confirmed.

As of now, the rest of the races are still on as planned. Join us on Facebook as we share lots of great tips and surprises to making this your most active year yet!

Swift Cantrell date to be confirmed.

June 6 - Hero Run

July 11 - The Sports Fanatic 5K

August 15 - Dream Dash

Sept. 19 Great Locomotive Chase

October 31 - Garden Gallop.

GOLF TOURNAMENT RESCHEDULED

**THE KENNESAW/ACWORTH
OPTIMIST CLUB
GOLF TOURNAMENT**

The Kennesaw / Acworth Optimist Club is excited to announce that the Second Annual Mayor's Golf Tournament Challenge has been rescheduled for Friday October 9, 2020. Registration starts at 11:00 am and tee off at 1:00 pm. **MARK YOUR CALENDARS NOW.**

We would like invite you to play golf (individually or as a foursome) or sponsor a hole to advertise your business. This Friday afternoon golf tournament will be an enjoyable end to a busy week on the beautiful greens of The Cobblestone Golf Course. Lunch will be served and prizes will be awarded. Cost is \$80 a person, or \$320 for a team of four.

This tournament will feature a competition between Acworth and Kennesaw for the Mayor's Tournament Trophy to be traveling each year to the winning City. Mayor Allegood and Mayor Easterling will be our special guests.

For more information call Eddie Lummus at 404-695-1256, David Grant at 770-490-4235 or Stormi Kenney at 404-323-5254. Visit www.kennesawacworthoptimists.org.

ABA GOLF TOURNAMENT POSTPONED

The Acworth Business Association Golf Tournament, which was scheduled for Monday April 20, has been postponed.. Check Acworthbusiness.org for updates

CITY OF ACWORTH'S CLOSINGS

Effective immediately, in the best interest of our participants, visitors and employees, we are extending our current suspension of all city sponsored and affiliated activities, classes, programs, and events through Sunday, May 10. This is a constantly evolving process and we are grateful for the community's support and patience as we navigate the mitigation of COVID-19. We highly encourage the community to stay tuned to our social media platforms (@acworthparksandrec) for the most up to date information. Below you will find more detailed information regarding this decision.

LARGE EVENTS POSTPONED

During this time frame and in accordance with the Center for Disease Control's recommendation issued on March 15, all large events are being postponed through Sunday, May 10.

The city is working with our partner organizations on the new dates, but will not be announcing those dates until we receive directives from the various health organizations that it is safe to do so. These events include Acworth Art Fest (April 4 & 5), POP's in the Park (April 18), Acworth Dragon Boat Festival (May 2), and Smoke on the Lake BBQ Festival (May 8 and 9). We will continue to evaluate events scheduled beyond this point, but at this time, no modifications have been made to any event scheduled to be held after May 10.

PROGRAMS, ACTIVITIES, AND CLASSES

Any city sponsored program or program taking place at a city facility will be impacted through May 10. This includes the Acworth Baseball Association Facilities

Acworth Community Center. The Activity Center at the Community Center will be closed during this time frame which includes the walking track, free play activities, leagues, fitness on demand, and classes.



CONSIDER CHATTAHOOCHEE TECH

Chattahoochee Technical College graduate Nicholas Long is putting his education in Computer Numerical Control (CNC) to work in a fulfilling career as a highly skilled professional in Cobb County at Win-Tech, Inc., which is deemed an essential business during the COVID-19 pandemic.

Win-Tech is a custom precision machining and manufacturing shop that makes custom parts for a wide range of industries, including the aerospace industry. They currently are making ventilator pieces.

A 2013 graduate of Kell High School, Long began his college education at a four-year university, with an interest in mechanical engineering. “They didn’t want us to be machinists or welders. They just wanted us to be exposed to it,” said Long. “But I got to take one class that was a combined machining and welding class, and that really bit me with the bug to go into this kind of work.”

“I decided to look for a college program that was exclusively machining and metal working, and saw that Chattahoochee Tech had a brand-new program for CNC Technology,” said Long. The CNC Technology program at Chattahoochee Tech was a perfect fit for him, according to Long, with small class sizes that allowed him to connect strongly with the other students in his class, as well as with his instructors. “It was leaps and bounds more personal,” said Long.

While he was still a student in the Chattahoochee Tech CNC Technology program, Long secured a job in October 2018 at Win-Tech as a machinist, and was able to count that work toward his internship elective for school. He continued working at Win-Tech upon graduating from Chattahoochee Tech in 2019. “Our shop manager recognized Nicholas with a Win-Tech challenge coin not long ago.

Would Long recommend Chattahoochee Tech and this career to others? “Yes, definitely,” said Long. “A four-year college isn’t the only option. . He credits Chattahoochee Tech and the college’s CNC Technology instructor Wayne Plos for guiding him into a solid, well-paying career. For more information, visit www.ChattahoocheeTech.edu.

Pictured above: Nicholas Long is shown here on the job, and with Win-Tech Operations Director Allison Giddens, who also serves on the Chattahoochee Tech Foundation Board of Trustees.

BAKER ELEMENTARY SCHOOL

On Friday, February 28, 2020, our AWESOME Baker Bears exhibited their AMAZING talents in our annual talent show. It was held at North Star Church in Acworth, Georgia. Thank you so much North Star for all your help and allowing Baker to use your church. There was such a variety of talents from singing, dancing, comedy acts, musicians, gymnastics . The students were incredible. Thank you Melissa Hacker for organizing this amazing show.



CONGRATULATIONS NATALIE BIRBAUM

Congratulations to my friend, Natalie Birbaum whose passionate hobby is photography. The above photo has been published by the Georgia Department of Natural Resources in a recent publication. As you can see, she captures nature up-close. Something we can all do with our families while we at home. Let your camera tell the story of nature in your own backyard.

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A photograph of two young girls standing side-by-side, wearing matching pink dresses and headbands.

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A photograph of a two-story building with a porch, identified as the Simmer Time Cafe & Art Gallery.

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A photograph of a family of six, including two adults and four children, posing together.

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MARIETTA NEWS



MARIETTA SQUARE ART GALLERIES DEBUT VIRTUAL ART WALK

GALLERIES JOIN TOGETHER TO OFFER AN ONLINE EXPLORATION OF FIVE
NEW SHOWS

The first Friday of each month is typically a hub of activity on the vibrant Marietta Square as residents and visitors gather for the popular Marietta Square Art Walk. In light of current social distancing recommendations, however, it looked like Art Walk would be put on hold. Enter a collective of five galleries, determined to present their artists' work at a time when art is needed more than ever. The solution: band together to create a virtual Art Walk.

The galleries of the Marietta Square debuted their first Virtual Art Walk at 5pm Friday, April 3, 2020 at onlineartwalk.com and via Facebook and Instagram platforms. Participating galleries included dk Gallery, The Loft, MUSE & Co, North Park Gallery, and Robert Kent Galleries. Collectively, the galleries represent over 200 artists and offer a vast array of quality artistic offerings with diverse mediums and presentations.

The virtual tours were captured by Jennifer Boykin of Boykin Creative Studio. Using Matterport 3D technology, the visitor is able to virtually "walk" the galleries and explore the exhibits. Each gallery's show contains information about the works, artists' statements, and purchase options. "It is as close to a real-life experience as we can create online," says Boykin. "I'm thrilled to be able to work with the galleries to deliver this opportunity to collectors and patrons, as well as the many visitors that come to the Marietta Square each month to enjoy a night out."

The current shows will remain online through April 30, 2020. The May Art Walk is scheduled for Friday, May 1, 2020. Visit www.onlineartwalk.com for your virtual art walk.

CITY OF MARIETTA CITY FACILITIES & EVENTS

Facilities Closed to the Public Until Further Notice: All City Park playgrounds; Custer Park Sports & Fitness Center-includes all programs/activities; Hugh L. Grogan, Jr. Community Center-includes all programs/activities; Franklin Gateway Sports Complex-includes all programs/activities; Marietta Fire Museum; Marietta Museum of History; Marietta Gone With the Wind Museum

City of Marietta Events Canceled or postponed: Marietta Square Farmers Market (until further notice); April 24th - Glover Park Concert - Grapevine (postponed); April 26th - Taste of Marietta (postponed); May 9th - M2R Trailfest.



ACT OF GIVING AND GENEROSITY

BY KAI FLEMING

It is our mission at Saint Joseph Catholic Church, Marietta to serve and support those in need. Through the efforts of Past Grand Knight Jim Orfe and his brother Knights of Council 4599 we were able to do just that due to the generosity of Papa John's Pizza (Store 779/ Pine Mountain). Through the well-orchestrated collaboration of Papa John's General Managers Spencer House and Josh Orfe; Director of Operations Russ Dewitt; and SDO Chris Stelle; Saint Joseph Catholic Church and the Knights of Columbus Council 4599 were able to handout or deliver 826 donated pizzas.

Pizzas were distributed to SJCC Parishioners in need families in low income housing; MUST Ministries and individuals that may be experiencing homelessness and/or suffering from addiction and children suffering during this time. Pizzas were also delivered for distribution through the Marietta Sixth Grade Academy Backpack Program and the Sprayberry Community Compassion during COVID-19 group.

It is also a great honor to extend our gratitude through this small token of appreciation to the police officers and fire fighters of Marietta Police Department, Marietta Fire Department, and Cobb County Police HQ (Precinct 1). We are blessed at Saint Joseph Catholic Church and we always endeavor to be a blessing to others!

STRESS LESS, PLANT MORE:

PIKE NURSERIES REVEALS TOP BENEFITS OF GARDENING

Springtime reminds us to look for the beauty in change. It is the perfect time to get outside and rediscover the peaceful retreat of a garden. The experts at Pike Nurseries recommend exercising green thumbs to transform outdoor or indoor spaces into a tranquil oasis. With benefits for the mind, wallet and waistline, playing in the dirt improves overall health and wellness.

EAT HEALTHIER

Edible gardens provide easy access to herbs, vegetables and fruits at home. Homegrown produce saves money at the market and helps develop a habit of eating healthy with new, delicious recipes. Planting berries in the backyard is the ultimate summer treat – producing delicious, nutrient-packed fruit. Finally, children introduced to growing their own food at a young age by tending modern-day victory gardens are also more likely to eat their veggies!

RELIEVE STRESS

Caring for and nurturing plants serve as a soothing activity and a creative outlet for the whole family! Studies show that playing in the dirt has therapeutic results – calming the mind, improving moods, relieving anxiety and easing depression. The act of growing plants promotes relaxation and boosts moods, as well as restores faith for the future. Aromatic herbs such as lavender, mint and rosemary can be grown in small spaces and incorporated into a relaxation routine.

INCREASE CONCENTRATION

For those working from home, adding houseplants to an office space can increase attention span and creativity. Exposure to nature and outdoor activities can also help to develop a child's awareness. Families can involve children by watching birds and butterflies, planting seeds and picking flowers; these activities exercise their creativity and release pent up energy, later improving their focus during more sedentary homeschool lessons.

BREATHE EASIER

Research reveals that houseplants – such as the Peace Lily and Pothos – can remove small levels of pollutants from the air while releasing oxygen and increasing humidity for an overall healthier environment.

BURN CALORIES

At-home workouts are becoming go-to fitness routines, so the experts at Pike Nurseries recommend getting outside! Yardwork is considered moderate-level exercise according to the Centers for Disease Control and Prevention (CDC) and includes raking leaves, pulling weeds, pushing the mower, digging holes and lifting bags of soil or mulch. These activities can help with weight loss and improve strength, stamina and flexibility.

In an effort to keep customers safe, all Pike Nurseries locations are now exclusively offering delivery and curbside pick-up daily from 9 a.m. to 5 p.m. Customers can complete an online form or call their local store to order, and a Pike Nurseries employee-owner will return the call to personally consult on the request and finalize the order.

For more information and care tips at Pike Nurseries, please visit pikenursery.com.

**REMEMBER: WE ARE NOT
STUCK AT HOME
WE ARE SAFE AT
HOME.
CHANGING ONE WORD CAN
CHANGE OUR ATTITUDE.**

A MOMENT OF KINDNESS

BY GREGORY FAVRE

It was a moment of kindness by a stranger. It also was a stark reminder that there are still candles of light and cradles of hope in a world currently drowned in darkness and despair.

At least, that's the way it felt to me.

I was at the cemetery to change the flowers in the vase at my wife's resting place. Two elderly women were sitting in the same area. We had never met before. I planned to go inside to cut the flowers to size and get water as I have done since my beloved Bea passed away. But the door was locked.

So, I stood yards away from the women to prepare the flowers, respecting their privacy and keeping my social distance. Then, as I turned around, one of the women approached me with an unopened bottle of water for my flowers.

She didn't speak. She just handed me the bottle and walked away as I said: "Thank you."

Yes, in our moments of grieving, for a few brief seconds we violated the social distancing directive, she out of compassion, me out of gratitude for what was in her heart. Scold us if you want. I believe it was a portrait of the humanity that is being magnified millions of times each day around the world.

That kind lady had no way of knowing that the grief soaking my soul was deeper than ever because I had recently returned from my younger brother's funeral, the last of my nine siblings. No way of knowing that her bottle of water washed away some of my inner tears.

My brother Pat and I were separated by five years in age. As life went on, we were also separated by thousands of miles. Our visits were much too few and far between. But the bond we struck growing up and the memories we etched for all the tomorrows will never be erased.

By birth, we become siblings. But it is with love that we become brothers and sisters. And that's why it hurts so much when we lose them.

That kind lady also probably didn't realize that her act of compassion for someone she didn't know and will probably never see again is being magnified across the land today as we face this cruel coronavirus, which threatens lives and livelihoods for millions of our neighbors.

Health care providers, firefighters, police, first responders everywhere, grocery store workers and many more are risking their own health to care for others. Friends are asking if they can bring groceries or meals or medicine. Teachers are teaching from their homes and students are learning online.

Just as it was after 9/11, there will be a new normal when we finally flatten that curve and the virus is defeated. But we really have no idea when that will transpire. What we have is hope.

In the new normal will we still be swimming in the pool of discord and distrust that we have been swimming in for the past several years?

Will our political environment be as mean-spirited as it has been?

Will social media continue to widen our cultural and racial divisions? Will we exist in a state of anxiety instead of one of optimism? Will we continue to taunt each other across the self-painted lines of division? Will we continue to be roused from our sleep by the echoes of violence in our streets?

And there will be so many more questions for us to answer.

In November, we will have the opportunity to help answer those questions when we choose many of our leaders at every level.

Will we choose those who will light candles of light to erase the darkness?

Will we choose those who will fill cradles with hope to erase our fears?

Will we choose those who would take a moment to give us a bottle of water for our flowers?

Gregory Favre is the retired vice president of news for the McClatchy Company and former executive editor of The Sacramento Bee.

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